



Gulf Shores Senior Center

Providing Social, recreation and educational opportunities for adults age 50 +



Harry Roberts Community House
300 E. 16th Ave. Gulf Shores, AL

This Month – Trips

**Call to sign up for all trips,
events and activities
968-1434**

Alligator Alley - May 7th

Summerdale, AL

Mystery Trip -May 14th

Hyundai Motor Manufacturing

May 26th

Montgomery, AL

Highlights & Spotlight Club Meetings

Gulf Shores Garden Club
9:30 am 1st Wed (Sept-May)

Gulf Shores Lions Club
12:00 pm 2nd & 4th Wednesday

Island Quilter Guild
9:00 am 3rd Wednesday

May 2010

Dear Friends,

The weather is heating up, so come in where it's cool and visit with us.
We offer games, fun and exciting trips, fitness and health, come check us out.
As always, I look forward to seeing you soon! Sylvia

Senior Center Coordinator
slamberth@gulfshoresal.gov
251-968-1434

Happening this month

Blue Angel Practice Session - Watch the Blue Angels practice session, possibly meet the pilots, and visit the museum. Departure time is 7 am, cost is \$5.00, please call 968-1434 to make your reservation.

Line Dancing - Thursday 10 am - at the Harry Roberts Community House. No prior experience needed. Sneak in that workout while having fun; cost is \$1.00 per class each week.

Wii fit & fun - at 8:30 am - Try your skills at various games and exercises while having fun. Call 968-1434 to sign up.

Memorial Day Closing - The Senior Center will be closed May 31st in observance of Memorial Day. Have fun and be safe!

Ongoing Activities

Monday (1 st)	Bingo	10:00 am
(2 nd)	BP Ck	9:30 am
All	Wii fit & fun	8:30 am
	Duplicate Bridge	12:30 pm
Tuesday	Video Exercise	9:00 am
	Bunco	10:30 am
Wednesday	Club Meetings	See Calendar
	Walking	8:15 am
	Open Arts & Crafts Workshop	2:00 pm
Thursday	Line Dance	10:00 am
Thursday	Duplicate Bridge	12:30 pm
Friday	Dominoes	9:30 am